

Dynamic Therapies, Inc.

Health and Wellness Kick-off!!

Monday February 6, 2012
Between 3-5 PM



Who: Semi-independent youth 10 years or older who is motivated, cooperative, and wanting to maintain physical fitness

What: Self directed exercise program to maintain physical fitness with monitoring and program altering by a licensed physical therapist

When: Program offered Mondays-Thursdays from 3-5 PM

Where: Dynamic Therapies, Inc. Gym

Price:

\$30 for initial program development (discount for current clients)
\$75 per month thereafter (includes five 1 hour sessions per month)

**For further information or to set up a consultation contact:

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